



Technically Challenged

young adults teaching seniors technology!

Recovery from and Living with COVID-19

November 2, 2021

4:00 – 6:00 pm

**Strathmore Municipal Library,
Program Room**

85 Lakeside Blvd., Strathmore

Seniors

You can bring your own device! Have a young adult help navigate your device and technology.

Young Adults

Assist seniors in your community to navigate their devices.

- Looking for driven youth and young adults ages 15 - 24 who would like to gain some volunteer hours for their resume.
- You will be paired with a senior when you have filled out your profile on the registration form.

Young Adults scan QR Code



Free event for 55 + and youth (15-24)

Limited to 16 participants

Snack and water provided

Register by November 1 through

www.bridgingthegapalberta.ca

to access link

audra.seniorswellness@gmail.com

403-361-1030

adelade.wellnessfacilitator@gmail.com

403-361-0268

COVID -19 protocols will be followed.

Proof of vaccination or documentation of medical exemption. Masks are required to be worn throughout the session.

